



## What if I can't get to an appointment?

We understand you may not be able to get to all appointments.

If you live a long way from RPH, are from a rural area or cannot travel due to special circumstances, please telephone us.

We can organise a phone appointment or send your questionnaires in the mail.

**If you have any queries or problems with your appointment, please contact us before your appointment on the telephone numbers below.**

**Outpatients Direct — 1300 855 275  
JROC — 9224 4284  
(Wednesday, Thursday and Friday).**

## Is my information confidential?

All the information we collect is confidential.

No information traceable to you is available to a third party.

## Contact us

Joint Replacement Outcomes Clinic  
Room 34210 (opposite the green lifts)  
Level 3, R Block

Royal Perth Hospital

Tel: (08) 9224 4284 (Wed, Thur & Fri)

Email: RPH.JROC@health.wa.gov.au

## Getting to the clinic

Scan for public transport information:

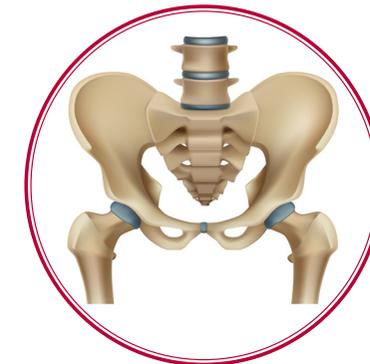


Scan for parking information:



# Joint Replacement Outcomes Clinic

Information for patients



## About us

Anyone who has a hip and/or knee replacement at Royal Perth Hospital (RPH) is offered follow-up for the life of the new joint. The Joint Replacement Outcomes Clinic (JROC) performs this service.

Our team includes:

- Orthopaedic Consultant and clinic founder Dr Richard Beaver
- Project Coordinator  
Ingrid Kiel-Monaghan
- Senior physiotherapist  
Kristen Grove.

The clinic has been caring for patients since 1997.

## What does JROC do?

We collect and analyse important information about your surgery and recovery.

This allows us to assist you early if any concerns are found.

The information also helps improve our services.

We do this by monitoring the progress of your new joint using x-rays, questionnaires and physical assessments.

## When do I visit JROC?

Our staff will assess you:

- before your surgery
- one year after surgery
- 5 years after surgery
- every 5 years after that.

If anything of concern is found, you will be referred to your surgeon or for physiotherapy close to your home.

Any results of concern will be sent back to your general practitioner (GP) via your surgeon.

## What happens before my surgery?

You will visit our clinic as part of your routine pre-operative assessment.

A physiotherapist will ask you questions about your pain, general function and how you are managing your daily activities.

This will establish a baseline for comparison for when you have your new joint.

Physiotherapy will also recommend exercises before surgery, as we know this can ensure you have the best possible outcome.

## What happens after my surgery?

In the first few weeks and months after your surgery you will see the RPH surgical team.

From a year after the operation, you will be offered JROC review.

Information collected at each visit will include your:

- pain level
- joint range of movement
- current functional ability
- muscle strength.

We will also give you questionnaires to fill in at each visit.

If you choose not to attend, any concerns that arise will need to go through your GP.

## Do I need x-rays?

Yes, our team will organise x-rays at each appointment. These will be reviewed by an orthopaedic consultant.

## What else do I need to know?

Please wear loose, comfortable clothing to your appointments.

