



» Trial of Void

Patient Information

What is a trial of void?

A trial of void involves removing a catheter from your bladder to see if you are then able to pass urine normally.

The continence urology nurse in the outpatient clinic will explain the procedure and answer any questions you may have.

What will happen once the catheter is removed?

Your bladder may be pre-filled with saline before the catheter is taken out. Removing the catheter is a quick procedure and may be uncomfortable, but not painful.

You will be encouraged to fill your bladder by drinking fluids. This will mean having two to three drinks every hour.

How long will I have to remain in hospital?

You will have to stay in the clinic to monitor how well you are passing urine. Please be prepared to stay for four to six hours.

After you have passed urine, the nurse will perform a bladder scan to ensure you have emptied your bladder properly. This will need to be done on two to three occasions. If your bladder begins to feel uncomfortable and you are unable to pass urine, a scan may be performed earlier.

The nurse will let you know whether or not you have successfully passed urine depending on the outcome of your scan. If you are successful you will be discharged without a catheter. Should you be unable to empty your bladder you may need to have a catheter put back in or you may be taught self-catheterisation if you are agreeable.

Reminders

Please take all your usual medications.

You may eat and drink as normal. Please make sure you have three to four drinks of water or any liquid before you come to the hospital.

It is important that you are not constipated as this may interfere with your ability to pass urine.

As you will be in the clinic for a number of hours you may wish to bring a packed lunch. Alternatively, there is a café within the hospital where you will be able to buy lunch.

If you use a walking stick or zimmer frame you should bring this with you.

Contact details

For any queries please contact the continence urology nurses on 9224 2836 / 9224 2653. If we are unable to take your call please leave a message.

Getting to your appointment

The Red Cat (Murray Street) and Yellow Cat (Wellington Street) buses stop directly outside the hospital.

Mclver train station provides direct access to the hospital via a walkway through the Moore Street car park.

For more information see www.transperth.wa.gov.au