Centre for Wellbeing and Sustainable Practice Support for patients and families

The Centre for Wellbeing and Sustainable Practice offers wellbeing and spiritual care for patients and loved ones.

We are here for people of all cultures, identities, worldviews, spiritualities and beliefs.

If you are experiencing distress, we will listen and support you.

As part of that support, we can organise:

- an interpreter for our visit if you need one
- a member of your faith community to call on you.

Our hours

The centre is open 8:30am to 4:30pm, Monday to Friday (excluding public holidays).

Contact us

To arrange a visit from a member of our team, ask a nurse to contact our office on 9224 2482 or contact us yourself during opening hours.

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