











My outpatient appointment

Is a phone or video appointment suitable for me?

Many factors play a role when deciding what sort of appointment is best for you. Telehealth video or phone appointments are beneficial for patients who are looking to **save time, travel and costs**. Use the below checklist to see if a phone or video appointment is suitable for you.

 Procedure/ Intervention	 Imaging/ Pathology	 Assessment	 Patient support	 Digital skills	 Location
<p>Do I need to have a procedure / intervention at my appointment that cannot be performed remotely?</p> <p>Yes → Attend your appointment in person.</p> <p>No → <input type="checkbox"/></p>	<p>Do I need x-rays, blood samples or other tests before my appointment?</p> <p>Yes → Can I do this locally before my appointment?</p> <p> No → Attend your appointment in person.</p> <p> Yes → <input type="checkbox"/></p> <p>No → <input type="checkbox"/></p>	<p>Do I need to be examined in person? e.g. change dressings.</p> <p>Yes → Can this be performed by my local health provider? e.g. Nurse, GP</p> <p> No → Attend your appointment in person.</p> <p> Yes → With your local health provider present during your appointment. <input type="checkbox"/></p> <p>No → <input type="checkbox"/></p>	<p>Do I need a carer, interpreter or support person to come to my appointment with me?</p> <p>Yes → Is support available locally? e.g. family, friends or carer.</p> <p> No → Attend your appointment in person.</p> <p> Yes → Your support person can join you. Phone and video interpreters are available. <input type="checkbox"/></p> <p>No → <input type="checkbox"/></p>	<p>Do I have access and the ability to set up and use digital technology?</p> <p>No → Is there someone who could help me? e.g. family member.</p> <p> No → Attend your appointment in person.</p> <p> Yes → <input type="checkbox"/></p> <p>Yes → <input type="checkbox"/></p>	<p>Do I need to travel for my appointment?</p> <p>We offer video and phone appointments to ALL patients (country and metropolitan) where appropriate – helping you to avoid unnecessary travel and parking, and fit your appointments into your work and family commitments. <input type="checkbox"/></p>

Ask your health provider for a phone  or video  appointment

Save you time • Save you travel • Save you cost *If you are unsure, speak with your health provider.*