



## Emergency/After Hours Care

Wungen Kartup is not resourced to provide an emergency or after hours service. The following services are available all hours:

### Mental Health Emergency

**Response Line**               **1300 555 788**

**Rural Link**                   **1800 552 022**

For help with mental health emergencies.

### Alcohol and Drug

**Information Service**       **(08) 9442 5000**

Confidential, non-judgemental counselling, information and referral for help with alcohol or other drug use.

**Kids Help Line**               **1800 551 800**

Confidential, anonymous counselling service for young people between 5 to 25 years of age.

**Crisis Care Help Line**     **1800 199 008**

Help with temporary accommodation, protection for children, financial aid, counselling and other support services.

**Police**                         **131 444**

For police assistance or attendance when any person feels in danger, under threat or at risk.

**Triple Zero Emergency**   **000**

For urgent help in a life-threatening emergency (police, fire, ambulance).

## Wungen Kartup Intake Criteria

Wungen Kartup offers culturally competent holistic multidisciplinary consultation and liaison to mental health service providers throughout Western Australia working with Aboriginal Clients.

Wungen Kartup provides a comprehensive multidisciplinary mental health triage and brief intervention service available to all Aboriginal people and their families living in the metropolitan area.

Wungen Kartup provides comprehensive multidisciplinary mental health services for Aboriginal people with a serious mental health disorder who are marginalised and at risk and:

- › have a significant co-morbid substance abuse disorder and/or complex psychosocial issues
- › are unable to access mainstream mental health or social and emotional well-being services.

## Contact us

### Any questions

Telephone   (08) 9235 2400

Fax           (08) 9235 2499

Mail           Locked Bag 1  
                  Claremont WA 6010

### Opening Hours

8.30am to 4.30pm Monday to Friday



# Wungen Kartup Mental Health Service (SAMHS)



“When all of the dimensions are in balance, within the universe, we can break free of our shackles and truly dance through life.”

## Our services

The Wungen Kartup Mental Health Service (SAMHS) provides culturally appropriate mental health care to Aboriginal people across the Perth metropolitan area.

Wungen Kartup will work in partnership with other services to enhance the provision of culturally appropriate care for Aboriginal people. The service will provide clinical support to assist Aboriginal clients to access the most effective care pathway regardless of factors such as co-morbid health issues, homelessness and/or substance abuse.

Wungen Kartup offers a culture-rich environment for individual, family and group client consultations as well as an Activity Day Centre for both inpatient and community clients.

## Triage/brief intervention

Access to the Service is via the Wungen Kartup Triage Officer, who may be contacted as per the details provided below.

Referrers will be asked a series of questions by a clinician to help determine the most appropriate clinical care pathway.

Wungen Kartup can also provide information on education, support and advocacy to clients, family members and referrers.

Clients may also self-refer or be referred by other services by contacting the Wungen Kartup Triage Officer during office hours on (08) 9235 2400.

## Consultation/liaison

Wungen Kartup can liaise with service providers in both metropolitan and regional WA to provide support and/or a second opinion to aid the assessment and treatment of Aboriginal clients in a culturally secure and timely manner.

Where cultural considerations and traditional beliefs are of particular relevance to the recovery of Aboriginal clients and of support to their carers, Wungen Kartup can broker input from Traditional Healers and Elders.

## In reach

Wungen Kartup can partner with the client's treating team to enhance cultural security, integrity and appropriate care to inform assessment and treatment planning for Aboriginal people who are currently receiving acute, general or forensic mental health care in metropolitan psychiatric inpatient units.

Aboriginal clients may undertake a range of day centre activities in a culture-rich environment on site through programs run by Wungen Kartup.

## Cultural Liaison

Wungen Kartup can link and liaise with mainstream mental health services to provide collaborative care and co-case management for their Aboriginal clients. The service is available for consultation and liaison with other mental health services 'social and emotional well-being services and drug and alcohol services. Wungen Kartup can also assist with access to mainstream mental health services.

Wungen Kartup aims to provide seamless assistance to access mental health services and proactive management of referrals to support a 'no wrong door' philosophy for Aboriginal clients throughout metropolitan Perth.

