



The Team comprises of a part time Psychiatrist, two Clinical Nurse Specialists and a Senior Social Worker.

They provide service through clinical assessment, community triage, treatment and engagement for rough sleepers in the Street to Home (S2H) program, case management for S2H clients and consultation with all S2H services in WA.

MCOT integrate with specialist homeless services, mainstream mental health services, drug and alcohol services, as well primary care services (GP, Street Dr, homeless healthcare) through a care coordination model.

## Hours of service

The City East Clinic operates from 8:30am to 4:30pm, Monday to Friday (except public holidays).

## After hours Support

For after-hours support the Mental Health Emergency Response Line (MHERL) is available 24 hours a day to metro callers on 1300 555 788 (local call) and Peel callers on 1800 676 822 (free call).

**In the event of an emergency, dial 000 or present at your nearest Emergency Department.**

## Key Points

- › All referrals for adult community mental health services must be directed to the ATT for triage and screening.
- › All referral to the A TT will be responded to based on referral information.
- › ATT provides treatment/intervention for a maximum of ten weeks from the initial contact when indicated.
- › CTT provides specialist mental health coordination for clients who require more than ten weeks of care and treatment.

## Contact Us

### City East Community Mental Health Service

I Block, Royal Perth Hospital.  
70-74 Murray Street, Perth WA. 6000

### Assessment and Treatment Team

Phone: (08) 9224 1720  
Fax: (08) 92241702

### Clinical Treatment Team

Phone: (08) 9224 1720  
Fax: (08) 9224 1729

### Mobile Clinical Outreach Team

Phone: (08) 92241720  
Fax: (08) 92241729



# Adult Community Mental Health Services City East Clinic

Assessment and Treatment Team (ATT)  
Clinical Treatment Team (CTT)  
Mobile Clinical Outreach Team (MCOT)

## Information for referrers



## Royal Perth Bentley Group

rph.health.wa.gov.au › bhs.health.wa.gov.au



This brochure is designed to give you information about accessing adult community mental health services at City East Community Mental Health Service (formerly Inner City - effective July 2016).

## Assessment and Treatment Team

The Assessment and Treatment Team (ATT), based at City East, is your first point of contact for all referrals to adult community mental health services within the City East Catchment area.

This multidisciplinary team is comprised of psychiatrists, nurses, and allied health staff who provide triage, assessment and short-term interventions for consumers up to a maximum of 10 weeks.

Consumers will benefit from:

- › timely response to referrals
- › where indicated a comprehensive face-to-face professional assessment service
- › a multidisciplinary specialist approach to treatment and intervention where indicated
- › advice and sign posting for alternative community care, provision to support and recovery.

## Hours of service

The ATT operates from 8:30am to 10:00pm every day (including weekends and public holidays).

This service offers after hours provision for urgent assessment and intervention and operates on this basis from 4:30pm until 10:00pm Monday-Friday; 8:30am until 10:00pm weekends and public holidays.

## Who can refer to the service?

Referrals can be from a variety of sources, including but not limited to:

- › Primary care and general practitioners (GPs) Emergency Departments
- › Police
- › Community managed organisations
- › Other government departments
- › Inpatient and other community mental health teams
- › Family/Carers
- › Self.

## How to refer to the service

### Contact the Assessment and Treatment Team (ATT)

Monday-Friday 8:30am to 4:30pm.

**Phone:** (08) 9224 1720.

**Fax:** (08) 9224 1702.

Monday-Friday 5pm to 10:00pm, weekends and public holidays.

**Mobile:** 046 6005 948.

**Please note** that consumers seeking mental health services in person outside of standard operating hours should contact their primary care out of hours service or nearest emergency department.

## Clinical Treatment Team

The Clinical Treatment Team (CTT), at City East, receives all referrals via the ATT. The CTT operates as a multidisciplinary specialist mental health team comprising of psychiatrists, nurses, and allied health staff offering assessment and care coordination for community bases consumers who require care and specialist interventions for more than ten weeks.

Consumers will benefit from:

- › allocated named care coordination
- › a multidisciplinary specialist approach to treatment and discharge plans
- › specialist treatment and recovery support within a community setting.

## Mobile Clinical Outreach Team (MCOT)

MCOT is an assertive Mental Health Outreach service that is street present. Drop in centres in Fremantle and Perth are a main point of contact. Their aim is to provide contact where the client is located, and operate from 7am to 5pm, Monday to Friday.