



East Metropolitan Health Service (EMHS), Royal Perth Bentley Group (RPBG) and Armadale Kalamunda Group (AKG), Saint John of God Midland Public Private Hospital (SJGMPPH) in partnership with Western Australian Primary Health Alliance (WAPHA) and HealthPathways WA

GP Update

**Tackling aging and life limiting illnesses: Helping our patients to make the most of life**

Old Victoria Square Café | Royal Perth Hospital | Saturday, 31<sup>st</sup> August 2019 - 8.00am to 3.30pm

8:00am	Registration
8:30am	Welcome to Country <b>Ben Taylor</b>
8:45am	<b>Aging in the EMHS Area</b> <b>Dr Lesley Bennett</b>   A/Chief Executive, EMHS
<b>Topic 1: Helping Our Older Patients Live Better with Chronic Conditions</b>	
9:00am	<b>Better bones: Optimising Osteoporosis management</b> <b>Dr Karen Rothacker</b>   Endocrinologist, RPBG
9:35am	<b>Better breathing: How can we halt the progression of COPD?</b> <b>Dr Rasiah Sureshkumar</b>   HoD General Medicine, AKG
10:10am	<b>Better beating: What's new to help manage Chronic Heart Failure?</b> <b>Dr Matthew Best</b>   Cardiologist, RPBG
10:45am	Morning tea and networking
<b>Topic 2: Helping Our Frail Older Patients to Stay at Home</b>	
11:05am	<b>Using HealthPathways to navigate aged care and advance care planning</b> <b>Dr Cory Lei</b>   HealthPathways GP Clinical Editor
11:15am	<b>Overview of older adult services in AKG, RPBG and SJGMPPH</b> <b>Dr PK Loh</b>   Geriatrician, RPBG <b>Bk Tan</b>   Director Allied Health, AKG <b>Dr Amanda Boudville</b>   Head of Department, Geriatric Medicine, SJGMPPH
11:25am	Information for Breakout Groups and Introduction of Teams
11:30am	<b>Working with your local Aged Care Services to help your patients stay at home</b> Local service networking and referral pathways/criteria from Head of Service & Team <ul style="list-style-type: none"> <li>• <b>Armadale Kalamunda Group – Dr Joel Tate</b>   A/HoD, Geriatric Medicine and team</li> <li>• <b>Royal Perth Bentley Group – Dr PK Loh</b>   Geriatrician BHS and team</li> <li>• <b>St John of God Midland Public &amp; Private Hospital – Dr Amanda Boudville</b>   HoD, Geriatric Medicine and team</li> </ul>

Continued overleaf ...



Topic 3: Clarifying Confusion	
12:00pm	<b>Delirium, Dementia and Can I drive, Doc?</b> – <i>Case studies in groups</i>
12:30pm	<b>Are you confused by confusion?</b> Dr Joel Tate   A/HoD, Geriatric Medicine AKG
1:00pm	Lunch and networking
Topic 4: Person-Centred Care when Life is Limited	
1:45pm	<b>What are “Goals of Patient Care”?</b> Dr Anton Leonard   Intensive Care Physician, RPH Dr PK Loh   Geriatrician, RPBG Dr Derek Eng   Palliative Care Physician, RPH Dr Karthik Natarajan   Emergency Physician, RPH & AHS Dr Sumit Sinha-Roy   Deputy Director Clinical Services RPBG
2:15pm	<b>Encouraging end-of-life conversations to help plan future care workshop</b> Dr Jacquie Garton-Smith   Hospital Liaison GP, RPH <ul style="list-style-type: none"> <li>➤ What information would you like to receive about your patients' "Goals of Patient Care" discussions?"</li> <li>➤ How do you want this information communicated?</li> <li>➤ What happens to care for these patients after discharge and what can you do?</li> <li>➤ When might Advance Care Planning or an Advance Health Directive be helpful?</li> <li>➤ Which services can help?</li> </ul>
2:45pm	<b>Questioning capacity? When and where to refer.</b> Dr Amanda Boudville   HoD, Geriatric Medicine, SJGMPPH
3:25pm	Evaluation and close

