

Research at Royal Perth Hospital

Royal Perth Hospital has a long and proud tradition of high-quality medical research. We are keen to continue this tradition and contribute to improvements in patient care.

Accordingly, we have set up a research project within the chest pain clinic. Taking part in research is voluntary, however your involvement may help us to better understand how to investigate and treat patients like you in the future.

You will be provided with information regarding our research study when you attend clinic. We kindly request that you read this information and discuss any questions you may have with the chest pain team.

Clinic appointment

Please complete after discussion with chest pain nurse:

Date: _____

Time: _____

For any questions relating to your appointment please contact us using:

Royal Perth Hospital switchboard:

(08) 9224 2244

Chest Pain Nurse: 0404 894 109

Email: RPHRACPC@health.wa.gov.au

Clinic hours: Monday to Friday 8am - 4pm

Note: Please call 000 or attend your nearest emergency department if you experience prolonged chest pain (greater than 5 mins) or feel unwell whilst waiting to be seen in our clinic.

How to find us

Cardiology Clinic
A Block Level 4
RPH Wellington Street

Royal Perth Hospital is located within the city of Perth and is well served by public transport with buses and train.

Car parking is not paid for by the clinic.

Further information can be found on our website: **www.rph.wa.gov.au**

Following links to:

[Our Services](#)>[Service Directory](#)>[Cardiology](#)

Created: S Kalathil, RACP CNC March 2016
Approved: Service 1 Nursing Practice Committee March 2016



Rapid Access Chest Pain Clinic

Patient Information Guide



Where tradition plus innovation equals excellence

What is the Rapid Access Chest Pain Clinic?

Patients are referred to the RACPC by their doctor for an express assessment after experiencing chest pain.

Chest pain is one of the most common reasons why patients access healthcare services. Often symptoms are not from the heart, and frequently no cause for the pain can be found. However, occasionally symptoms may be from a problem with a heart artery, known as angina.



Why do I need to be seen at this clinic?

You have been referred to the clinic by a doctor who has recently seen you and thinks your symptoms might be due to angina. Symptoms include:

- › chest tightness, pain or discomfort
- › discomfort in your arms, shoulders or neck on exertion
- › worsening of pre-existing chest pain, tightness or discomfort
- › worsening shortness of breath, which is not explained by a pre-existing breathing problem.

How long will I be at the clinic?

We aim to provide you with a thorough assessment to determine if you require further treatment or investigation for angina. The majority of patients only attend the morning clinic which takes around two to three hours. Depending on the outcome of your assessment you may be required to stay longer, this is usually only if we decide to do tests on the same day (in the afternoon).

What will happen to me at the clinic?

As part of your assessment at the clinic we perform:

- › an electrocardiogram or ECG which reads the electrical patterns of your heart.
- › an assessment by a **specialist chest pain nurse**, which involves a discussion about your symptoms and an examination.
- › Your results from these assessments will be discussed with a **consultant cardiologist**, recommendations will be made about medications and/or further tests.

What do I need to bring to the clinic?

- A list of current medication(s)
- Copies of recent blood tests, scan reports or letters, unless your GP has included them with your referral.

When do I get results from the clinic?

You will be given a copy of the clinic report, which will also be sent to your GP. This will explain any changes to medication, plans for further tests and any follow up.

Results from further tests we arrange will be communicated to you and your GP within two days of the test being performed.

